

27th Annual Atkinson Road Race

Thursday, August 26, 2004 • 5km (3.1 miles)

Date/Time: Thursday, August 26, 2004 at 6:00 pm, Pope Field, Atkinson, NH

Kids Fun Run: 5:45 pm – 1/2 mile – must be 11 or under – Free – no registration required

REGISTRATION

Pre-Entry: \$7.00 age 19 and under
 \$10.00 age 20 and over
 \$30.00 maximum per family

Send by August 20, 2004. First 200 entrants receive **T-SHIRTS** courtesy of NRH, The Pillbox Pharmacy, Corporate Chefs, Edgefield Veterinary Hospital, RAM Printing, Atkinson Graphics and Local Realtors

Post-Entry: \$12.00 - No T-shirts race day

Post Race: Refreshments – Merchandise Awards – Hot Dogs – Raffle

NOTE
 New Date In
 August!



Atkinson Village Store
 362-5898
 110 Main Street, Atkinson



Atkinson Recreation

2004 Race Proceeds Toward the Timberlane High School Running & Field Hockey Booster's Club (Scholarships)

Awards to Top Finishers in all Age Categories

Traffic Control by Atkinson Police Department

Emergency Support from Atkinson Rescue Department

Directions to the Race Site

From Rte. 111

- 1) Go South on Rte. 121 towards Atkinson.
- 2) After 0.6 miles go right onto Island Pond Road.
- 3) At first Stop Sign (0.3 miles) go left onto West Side Drive.
- 4) After (0.8 miles) go left onto Pope Road.
- 5) After (0.9 miles) the road ends at the Starting Line.

From Rte. 495

Exit 51B - Rte. 125 North.

After the McDonalds (on left), Rte. 125 forks to the right while Rte. 121 to Atkinson goes straight.

Go straight onto Rte. 121.

Follow Rte. 121 for 5.3 miles.

Take a left onto Island Pond Road.

Follow #3, 4, and 5 directions at left to the Start.

The Race Course (3.1 miles)

Start promptly at 6:00 pm Woodlock Recreation Area, heading out in the direction you came into the area.

Left onto Oakhill Circle.

Left onto Old Coach Road.

Left onto Upper Hawthorne.

Right onto Old Coach Road.

Right onto Merrill Drive.

Left onto Hovey Meadow.

Right onto Old Coach.

Right onto Pope Road, back to the start.

Past Winners of 5Km Race

| | | | | |
|------|------------------|-------|---------------------|-------|
| 1990 | Robert Hopper | 14:52 | Patricia Huntington | 18:35 |
| 1991 | Joe Mulligan | 15:22 | Sandy Cannon | 17:52 |
| 1992 | Mark Kimball | 15:00 | Patricia Huntington | 19:21 |
| 1993 | Jim Morriseau | 16:18 | Sharon Johnson | 19:42 |
| 1994 | Jason Vanderhoof | 16:00 | Sandy Cannon | 18:35 |
| 1995 | No Race | | | |
| 1996 | Steve O'Connell | 15:35 | Kristine Carmichael | 19:32 |
| 1997 | Dave Audet | 16:19 | Sandy Cannon | 19:12 |
| 1998 | Dave Audet | 16:11 | Linda Jowett | 19:05 |
| 1999 | Dave Audet | 16:17 | Miae Jacobs | 19:03 |
| 2000 | Dean Kimball | 15:57 | Miae Jacobs | 18:28 |
| 2001 | Dave Audet | 16:15 | Miae Jacobs | 17:56 |
| 2002 | Nathan Leveille | 15:51 | Cindy Army | 20:01 |
| 2003 | Michael Grosse | 17:00 | Kelly Desharnais | 20:47 |

Registration Form

Male Female Age on Race Day _____ T-Shirt size preference (first 200 entrants eligible): S M L XL

Age Categories: 14 and under 15-19 20-39 40-49 50-59 60-69 70+

In consideration of accepting this entry, I, the undersigned intending to be legally bound, myself, my heirs, executors and administrators, waive and release any and all rights and claims for losses and damages I may have against the Town of Atkinson and all other parties and their representatives, successors, and assigns for any and all injuries suffered by me in said event. I attest and verify that I am physically fit and have sufficiently trained for this event.

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

SIGNATURE _____ SIGNATURE OF PARENT IF UNDER 18 YEARS OF AGE _____

- Pre-entry registration fee before August 20, 2004 – \$7.00 age 19 and under – \$10.00 age 20 and over – \$30.00 maximum per family
 \$12.00 Post registration fee (for entries submitted after August 20, 2004)

Make checks payable to: Atkinson Road Race. Mail form & check to: Atkinson Road Race, 38 Maple Ave., Atkinson, NH 03811

For additional information contact: Sandy Cannon 362-8329 or email at sandycannon@verizon.net