15th Annual Newburyport Yankee Homecoming

HIGH STREET MILE

Sponsored by

SAUCONY

A ONE MILE ROAD RACE

Sunday August 7, 2005  10:00 A.M.

Atkinson Common - Newburyport, MA

Hosted by: The Winner’s Circle Running Club

To Benefit: The Newburyport High Track and Cross Country Teams

Entry Fee Structure: (All Runners Must Be Age 10 or older)

Pre-Entry: $8.00 No Shirt or $10.00 With Shirt
Post Entry (8:15-9:45): $10.00 (No Shirt) or $12.00 (Shirt if available). NO ENTRIES ACCEPTED AFTER 9:45 A.M.

Projected Heat Start Times

(please be prepared to run 15 minutes prior to these estimated Start Times)

Heat 1: 10:00  Youth Race - Male/Female  Ages 10-15
Heat 2: 10:15  Male Masters  Ages 40-99
Heat 3: 10:30  Women  Ages 16-99
Heat 4: 10:45  Open Men (All Speeds)  Ages 16-39

Course Records

Men's Open: Erik Nedeau  4:03  1995
Women's Open: Kathy Franey  4:37  1997
Women's Master: Maria-Luisa Servin  5:09  2003
Senior Men: Richard Murray  4:42  1997
Senior Women: Ann Sipka  5:43  2002

All Participants must pick up race numbers Before 9:45 am

OVER $3000 IN CASH & PRIZES

Cash bonus for new Male/Female Open course records

Awards in Age and Weight Divisions, Clydesdale (200 lbs.+), Filly (150 lbs.+)

Age Divisions: 10-12, 13-15, 16-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+ | “USA/ T&F CERTIFIED”

Multi-Colored Shirts available to first 200 - Picnic Lunch and Raffle Prizes

For Race Information – Call Race Director: Chris Kealey (978) 270-6854 or e-mail Chris.Kealey@Thermo.com

Mail Entries to: High Street Mile C/O Chris Kealey 8 Payson Street Newburyport, MA 01950-1914

Make Checks Payable to: Winner’s Circle Running Club

ALL RUNNERS MUST BE AGE 10 OR OLDER  FOR RUNNER’S SAFETY, PLEASE NO BABY STROLLERS, ROLLER BLADES OR DOGS IN RACE

FIRST NAME:___________________  LAST NAME:___________________  AGE:_______  SEX:______

ST. ADDRESS________________________  CITY:______________________  STATE:______  ZIP:________

TELEPHONE:________________________  PREDICTED TIME:__________ Minutes________Seconds

Enclosed $10.00 (with shirt):_________________ Shirt Size:___________ or $8.00 (no shirt)_________________

In consideration of my being a registered entrant in the High Street Mile on August 7, 2005 the undersigned hereby agrees to assume all risk of harm, injury, or loss of whatever nature resulting at said event and release, remise, discharge, and forever hold harmless the Winner’s Circle Running Club, it’s Officers and all sponsors or contributing agents associated with this event, from any claims which might arise from my participation in said event or from traveling to or returning from.

SIGNATURE (Guardian if under 18):_________________________________________________________________________

Date:________________________