16th Annual Newburyport Yankee Homecoming

HIGH STREET MILE
Sponsored by
SAUCONY

A ONE MILE ROAD RACE
Sunday August 6, 2006  10:00 A.M.
Atkinson Common - Newburyport, MA
Hosted by: The Winner’s Circle Running Club
To Benefit: The Newburyport High Track and Cross Country Teams
USA Track & Field Certified Course: MA04016RN

Entry Fee Structure: (All Runners Must Be Age 10 or older)
Pre-Entry: $8.00 No Shirt or $10.00 With Shirt
Post Entry (8:15-9:45): $10.00 (No Shirt) or $12.00 (Shirt if available). NO ENTRIES ACCEPTED AFTER 9:45 A.M.

Projected Heat Start Times
(Please be prepared to run 15 minutes prior to these estimated Start Times)
Heat 1: 10:00 Youth Race - Male/Female Ages 10-15
Heat 2: 10:15 Male Masters Ages 40-99
Heat 3: 10:30 Women Ages 16-99
Heat 4: 10:45 Open Men (All Speeds) Ages 16-39

Course Records
Men’s Open:  Erik Nedeau  4:03  1995
Women’s Open:  Kathy Franey  4:37  1997
Women’s Master:  Maria-Luisa Servin  5:09  2003
Senior Men:  Richard Murray  4:42  1997
Senior Women  Ann Sipka  5:43  2002

OVER $3000 IN CASH & PRIZES
Cash bonus for new Male/Female Open course records
Awards in Age and Weight Divisions, Clydesdale (200 lbs.+)  Filly (150 lbs.+
USA/ T&F CERTIFIED”

Multi-Colored Shirts available to first 200 - Picnic Lunch and Raffle Prizes

Mail Entries to: High Street Mile C/O Chris Kealey 8 Payson Street Newburyport, MA  01950-1914
Make Checks Payable to: Winner’s Circle Running Club
All Runners Must Be Age 10 or Older
For Runner’s Safety, Please No Baby Strollers, Roller Blades or Dogs in Race

FIRST NAME:___________________LAST NAME_____________________AGE:_______SEX:______
ST. ADDRESS________________________CITY:______________________STATE:______ZIP:________
TELEPHONE:________________________PREDICTED TIME:_________Minutes________Seconds
Enclosed $10.00 (with shirt):__________Shirt Size:___________or $8.00 (no shirt)____________

All Clydesdales and Fillies will be weighed prior to the race

In consideration of my being a registered entrant in the High Street Mile on August 6, 2006 the undersigned hereby agrees to assume all risk of harm, injury, or loss of what ever nature resulting at said event and release, remise, discharge, and forever hold harmless the Winner’s Circle Running Club, it’s Officers and all sponsors or contributing agents associated with this event, from any claims which might arise from my participation in said event or from traveling to or returning from.

SIGNATURE (Guardian if under 18):__________________________________________ Date:________________